SUPPLEMENT FACTS

Serving Size: 15 grams

Servings per container: 30

Amount per Serving				% Daily Value		
Calories	62			Calories from fat	7	
Total Fat:	2g			3%		
	Saturated Fat:	O.5g				
	Trans Fat:	O.Og				
	Cholesterol	15mg		5%		
Sodium		45mg		2%		
Potassium		101mg		3%		
Total Carbohydrates		5g		2%		
	Dietary Fiber	1g		**		
	Sugars	1g		**		
Protein		7g		14%		
Vitamin A		46%	*	Iron		23%
Vitamin C		58%	*	Vitamin D		42%
Calcium		5%	*	Vitamin E		49%
Vitamin K		47%	*	Thiamin		54%
Riboflavin		46%	*	Niacin		50%
Vitamin B6		62%	*	Folate		54%
Vitamin B12		5%	*	Biotin		35%
Pantothenic Acid		37%	*	Phosphorus		41%
Iodine		32%	*	Magnesium		39%
Zinc		26%	*	Selenium		30%
Copper		28%	*	Manganese		33%
Chromium		23%	*	Molybdenum		19%

• Daily Value not established

Other Ingredients:

Whey protein concentrate, rice bran, fibersol 2 maltodextrin & oat bran, crystalline fructose, sunflower oil, maltodextrin, polydextrose, magnesium phosphate, cellulose gum, soy lecithin, dextrose, salt, sodium caseinate, Mono and diglycerides, vanilla extract, potassium phosphate, calcium phosphate, stevia, ascorbic acid, citrus pectin, xanthan gum, potassium citrate, acesulfame potassium, alpha tocopherols, natural & artificial flavor, natural color.

• Contains both Milk and Soy ingredients